



Lean¹™

Vanilla

Supplement Facts

Serving Size: 2 - 3 Scoops (52 - 78g)

Servings Per Container: 10 - 15

Regular 2 scoops Active 3 scoops

	Amount Per Serving	% Daily Value*	Amount Per Serving	% Daily Value*
Calories	200		300	
Calories from Fat	53		80	
Total Fat	6 g	9%	9 g	14%
Saturated Fat	0.7 g	3%	1 g	4%
Trans Fat	0 g		0 g	
Cholesterol	3 mg	1%	5 mg	2%
Total Carbohydrate	16 g	5%	25 g	8%
Dietary Fiber	3 g	11%	4 g	17%
Soluble Fiber	3 g		4 g	
Sugars	10 g		15 g	
Protein	20 g		30 g	
Vitamin A	1,666 IU	33%	2500 IU	50%
Vitamin C	20 mg	33%	30 mg	50%
Vitamin D	133 IU	33%	200 IU	50%
Vitamin E	10 IU	33%	15 IU	50%
Vitamin K	27 mcg	33%	40 mcg	50%
Thiamin	0.5 mg	33%	0.75 mg	50%
Riboflavin	0.6 mg	33%	0.85 mg	50%
Niacin	7 mg	33%	10 mg	50%
Vitamin B6	0.7 mg	33%	1 mg	50%
Folate	133 mcg	33%	200 mcg	50%
Vitamin B12	2 mcg	33%	3 mcg	50%
Biotin	100 mcg	33%	150 mcg	50%
Pantothenic Acid	3 mg	33%	5 mg	50%
Calcium	142 mg	14%	213 mg	21%
Iron	6 mg	33%	9 mg	50%
Phosphorus	77 mg	8%	116 mg	12%
Iodine	50 mcg	33%	75 mcg	50%
Magnesium	67 mg	17%	100 mg	25%
Zinc	5 mg	33%	7 mg	50%
Selenium	23 mcg	33%	35 mcg	50%
Copper	0.7 mg	33%	1 mg	50%
Manganese	0.7 mg	33%	1 mg	50%
Chromium	40 mcg	33%	60 mcg	50%
Molybdenum	25 mcg	33%	37 mcg	50%
Chloride	67 mg	2%	100 mg	3%
Sodium	317 mg	14%	475 mg	20%
Potassium	258 mg	7%	380 mg	10%

** Daily Value not established

* Percent Daily Values are based on a 2,000 calorie diet

INGREDIENTS: N53 Protein Blend (Milk Protein Isolate, Whey Protein Isolate, L-Leucine, Micellar Casein, L-Glutamine, Taurine, Sodium Caseinate), NON-GMO Cane Juice Solids, Sunflower Oil, Canola Oil, N53 Fruit & Vegetable Blend (Drum Dried Raspberries, Dehydrated Carrot, Drum Dried Cranberries, Drum Dried Watermelon, Drum Dried Pomegranate, Drum Dried Blueberries, Dehydrated Broccoli, Chlorella, Dehydrated Beet, Dehydrated Tomato, Dehydrated Cabbage, Dehydrated Spinach, Dehydrated Parsley, Dehydrated Barley, Green Tea Matcha), Maltodextrin Fiber (Fibersol), Corn Syrup Solids, Natural & Artificial Flavors, Cold Pressed Organic Flax Seed, Beta Glucans, Phytosterols (β-sitosterol, campesterol, stigmasterol), N53 Vitamin & Mineral Matrix (Magnesium Oxide, TriCalcium Phosphate, Potassium Chloride, Ascorbic Acid, Vitamin E Acetate, Sodium Chloride, Di Potassium Phosphate, Ferrous Fumarate, Sodium Selenate, Biotin, Niacinamide, Vitamin A Palmitate, Zinc Oxide, D-Calcium Pantothenate, Manganese Sulfate, Copper Gluconate, Vitamin D3, Folic Acid, Potassium Iodide, Thiamine Hydrochloride, Riboflavin, Pyridoxine Hydrochloride, Sodium Molybdate, Phytonadione (Vitamin K), Chromium Chloride Hexahydrate, Cyanocobalamin (B12)), Rice Bran, Rice Germ, Sodium Bicarbonate, Xanthan Gum, Guar Gum, Carrageenan, Mono & Diglycerides, Pancreatin 4X, Aminogen®, Green Coffee Bean Extract, Alpha-Lipoic Acid, *Hoodia gordonii*, Grape Skin Extract, Grape Seed Extract, Soy Lecithin, Sucralose.

Contains ingredients derived from milk and soy

Manufactured in a plant that processes milk, soy, wheat and eggs.

Suggested Use: Mix two to three scoops with 8 – 10 oz. of cold water. Mix vigorously or use a shaker.

Warning: Do not take this product if you are pregnant or lactating. If you have any medical concerns, consult with your doctor before taking this or any supplement.